

As an international medical graduate, I was curious about the content of the SAARC day. Attending the event proved to be much more rewarding than I expected. Being audience to speakers with vast experiences in voluntary and humanitarian medical work was not only a learning opportunity but the narrative and photo documentaries were quiet intriguing and provided a bird's eye view of global EM and its scope.

The event was an overview to appreciate what clinical standards are involved in international volunteering and humanitarian work. It provided helpful insight into the significance of international work especially in the low and middle-income countries, where global disease load is concentrated. The know-how of improvised, effective healthcare delivery in large scale or medical help provision in conflict zones or low infrastructure research and education design as well as the immense satisfaction associated with it was really inspiring.

As an EM trainee to know that international volunteering is very much in line with several NHS healthcare leadership model behaviours and that it is relevant to many of the RCEM curriculum elements is encouraging. This event has certainly shown me avenues where I would like to look out for future opportunities and it would be of interest to EM clinicians with a wide range of interests.

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