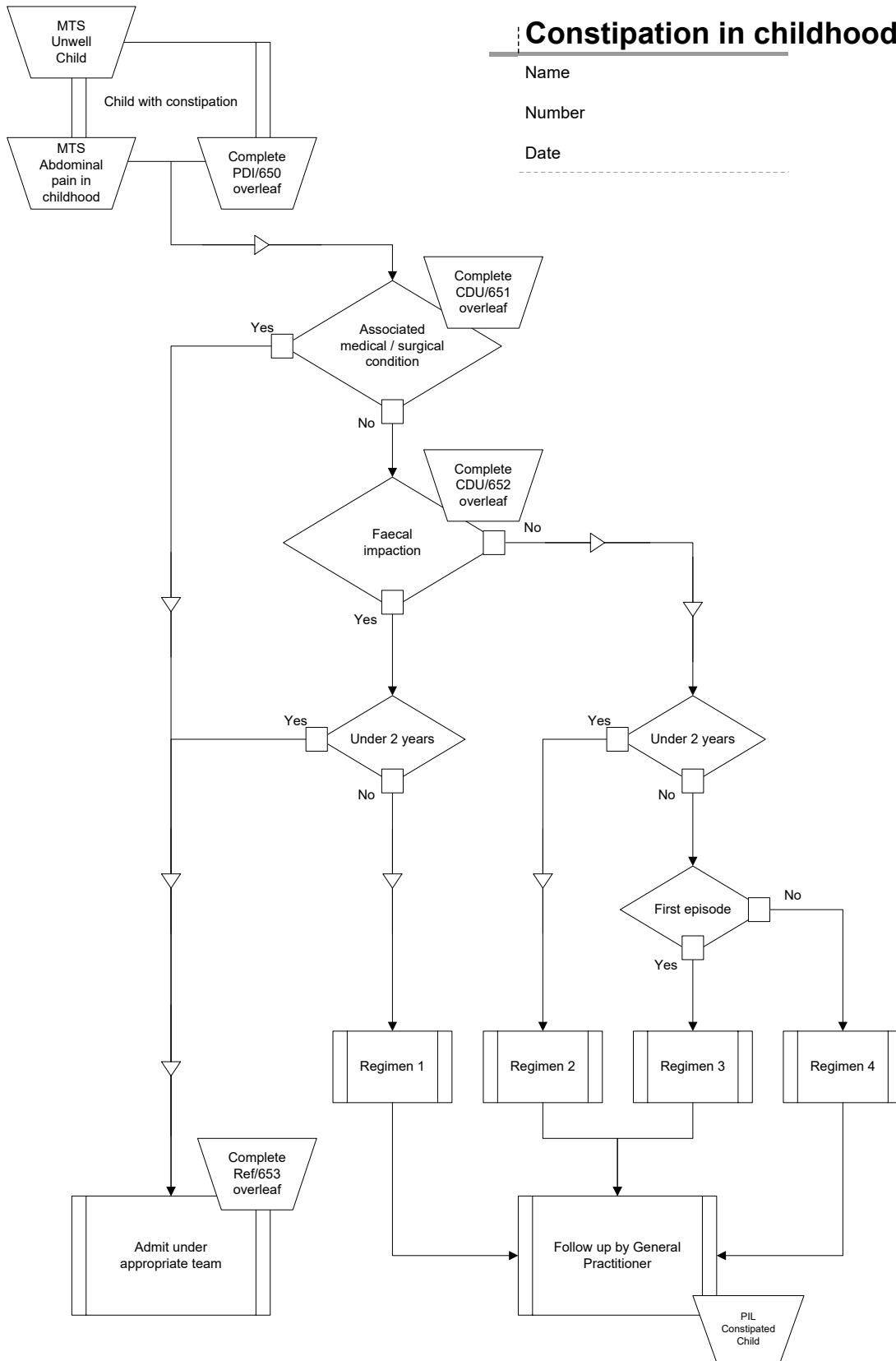


Constipation in childhood

Name

Number

Date



Produced By:	Rachel Jenner	Protocol number	2009-65 v 2.0
Authorised By:	Consultants Emergency Department	Date of issue	18/06/2009
Approved By:	Lead Clinician Children's Emergency Medicine	Date of review	17/06/2012

PDI/650: Suitability for Protocol Driven Investigation (All Yes)

Age 0 – 16 years	Yes	No
Constipation is the primary complaint	Yes	No

Set 1: T, P, RR, Weight

CDU/651: Associated medical or surgical conditions (Any Yes)

Hirschprung's disease	Yes	No
Thyroid disease	Yes	No
Inflammatory Bowel disease	Yes	No
Diabetes Insipidus	Yes	No
Drugs	Yes	No
Other	Yes	No

CDU/652: Faecal impaction Assessment (Any Yes)

Abdominal mass on palpation	Yes	No
Bowels not opened for 1 week or more	Yes	No
Overflow incontinence noted	Yes	No

Treatment Regimens

Regimen 1:

Age 2-4 y – Movicol Paediatric Plain (6.5g sachet) 2 sachets on day 1, 4 sachets on day 2 increasing by a further 2 sachets every other day until impaction resolves to a maximum of 8 sachets per day and for a maximum of 7 days.
Age 5-11 y - Movicol Paediatric Plain (6.5g sachet) 2 sachets on day 1 increasing by a further 2 sachets each day until impaction resolves to a maximum of 12 sachets per day and for a maximum of 7 days.
Age 12 y and above - Movicol (13.1g sachet) 8 sachets for a maximum of 3 days

Regimen 2:

Lactulose syrup (3.1 – 3.7mg/5ml) 2.5ml twice daily

Regimen 3:

Advice about diet, adequate fluid intake and exercise
Age 2-4 y – Movicol Paediatric Plain (6.5g sachet) 1 – 4 sachets daily
Age 5-11 y – Movicol Paediatric Plain (6.5g sachet) 2 – 4 sachets daily
Age 12 y and above - Movicol (13.1g sachet) 1 – 3 daily for up to 2 weeks reducing to a maintenance dose of 1-2 sachets daily

Regimen 4:

Enquire about compliance. Enquire about problems at home or school. Think about behavioural difficulties.
If already on Movicol consider:
Age 1 month to 4 y: Sodium picosulphate elixir – 250microg/kg at night
Age 4-11 y: Sodium picosulphate elixir – 2.5-5mg nocte
Age 12 y and above - Sodium picosulphate elixir –5-10mg nocte
If already on lactulose then consider changing to Regimen 3

Ref/653: Admission referral approved

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