



@RCMEvents | #RCMEvents

How to manage the transition from trainee to consultant: small step, not a giant leap

Virtual study day

Date: Tuesday 19 October 2021
 RCEM accredited for CPD.
 GMC domains covered: 1, 2, 3, 4

This event aims to support colleagues in the important transition between trainee and consultant, taking in professional behaviour, tips and tricks for the first few years, avoiding pitfalls, understanding the bigger picture, practical advice including job planning, driving quality improvement ideas, and sustainability for a career in EM.

Learning objectives

To discuss and learn about:

- Successful transition to the consultant role
- Understanding of current NHS environment and challenges
- Job planning and revalidation
- How to be an effective and supportive team leader
- How to get ideas into action
- How to approach the whole consultant career in a sustainable way

Who should attend?

- Senior trainees
- Newly appointed consultants

CPD certificates

CPD certificates will be sent to those who attended the live session ten working days from the end of the event. **Please note, you are required to attend the live event in order to receive your CPD certificate.**

What to expect

- Log in instructions to join the live event will be sent to registered delegates the week of the event.
- Registered delegates will have access to content for 6 months after the live date.

09:50 - 10:00	Join the virtual meeting space
10:00 - 10:10	Welcome, introductions and plans for the day Miss Susie Hewitt, EM Consultant, University Hospitals of Derby and Burton NHS Foundation Trust
Session 1	Congratulations on your consultant appointment!
10:10 - 10:25	Reputation is everything Miss Susie Hewitt, EM Consultant, University Hospitals of Derby and Burton NHS Foundation Trust
10:25 - 10:40	The first year: A survival guide Dr Andrew Tabner, EM Consultant, University Hospitals of Derby and Burton NHS Foundation Trust
10:40 - 10:55	Reflections on the first 5 years and other cautionary tales Dr Graham Johnson, EM Consultant, University Hospitals of Derby and Burton NHS Foundation Trust
10:55 - 11:05	Break
Session 2	Practical tips
11:05 - 11:20	Who's who in your organisation Dr Dan Boden, EM Consultant, United Lincolnshire Hospitals NHS Trust, Emergency Care Intensive Support Team (ECIST) Clinical Associate, NHSI Emergency Medicine Regional Advisor, East of England, Health Education England SAS Doctor Clinical Lead for Urgent Care
11:20 - 11:35	Make your job plan work for you Dr Fiona Rae, EM Consultant, Wrexham Maelor Hospital
11:35 - 11:50	How to chair a meeting Miss Diana Hulbert, EM Consultant, University Hospital Southampton NHS Foundation Trust
11:50 - 12:05	NHS acronym bingo Dr Dan Boden
12:05 - 12:15	The gentle art of saying 'no' Miss Susie Hewitt
12:15 - 13:00	Lunch and networking
Session 3	Progressing your career
13:00 - 13:15	How we set up a research unit from scratch Dr Graham Johnson and Dr Andrew Tabner



13:15 - 13:30	Me? CD? Never! Miss Diana Hulbert
13:30 - 13:45	Working with other agencies Dr Dan Boden
13:45 - 14:00	My portfolio career Dr Fiona Rae
14:00 - 14:20	Panel Q&A All speakers
14:20 - 14:30	Break
Session 4	Look after yourself and your team
14:30 - 14:45	Prioritise your wellbeing Dr Fiona Rae
14:45 - 15:00	Top tips for top teams Miss Diana Hulbert
15:00 - 15:20	Panel discussion: What we wish we had known when we started All speakers
15:20 - 15:30	Closing remarks Miss Susie Hewitt
15:30	Close of day