

Part One - Nursing Triage

Triage							document physiological measurements
GCS	BM	HR	BP	RR	SaO ²	Temp	

Accompanied by	name, relationship, concerns

Outline of Presentation	tick all the categories which apply
Overdose (will also require medical assessment)	
Self-injury (will also require wound management)	
Other Mental Health Presentation	

Describe the appearance and clothing of those attending alone, as they may leave before review

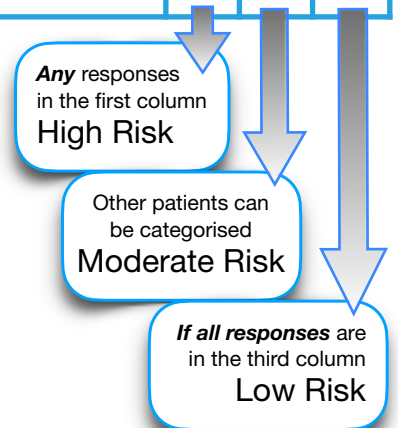
Is the patient a young person in foster care or in a residential care placement? **YES/NO**

Is the patient a carer for a child or dependent adult? **YES/NO**

Is there a child protection concern or concern for a vulnerable adult at risk? **YES/NO**

Initial Presentation, Appearance and Behaviour	respond yes or no to each question		
Is the patient violent, aggressive or threatening?	Y		N
Is the patient obviously distressed, markedly anxious or highly aroused?		Y	N
Is the patient preoccupied, erratic or impulsive?	Y		N
Is the patient quiet and withdrawn?		Y	N
Do you think the patient is behaving inappropriately to their situation?		Y	N
Do you think the patient presents an immediate risk to you, to others, or to themselves?	Y		N
Do you think the patient is likely to abscond prior to assessment?	Y		N
Do you think the patient's presentation suggests either hallucinations or delusions?*	Y		N
Do you think the patient feels their actions are being controlled?	Y		N
Are you aware of a history of mental health problems or psychiatric illness?		Y	N
Are you aware of a history of violence or self harm?		Y	N
Is the patient currently expressing suicidal thoughts?	Y		N
Is the patient currently intoxicated, with alcohol, or other substances?		Y	N

Triage Risk Assessment	identify an initial category of risk, circle one or more risks
High / Moderate / Low Self-harm / Violence / Absconding	
Triage Category	High risk - accompanied and in the clinical area Moderate risk - accompanied or in the clinical area Low risk - can be asked or wait if necessary



Immediate management	Patient location...
Summary	accompanied by...
	Blood sample time?
	TOXBASE info printed? Y / N
	GMAWS considered? Y / N

Signature _____

Name _____

Date _____ Time _____

Part Two - Mental Health Assessment

outline of current presentation and precipitating factors

patient name (use sticker)

CHI _____

current and previous mental health problems, self-harm episodes, problematic alcohol and drug use, contacts with mental health services etc

Other relevant information (relationships, finances, employment, housing, physical health, childcare responsibilities, current medications etc. -protective factors (beliefs, relationships, future plans). Views of relatives/carers/significant others

Presentation

Careful consideration should be given to patients who present particular risks, especially those who may have post-natal depression, and patients with first presentations of mental health problems, in adolescence or old-age.

Appearance

Behaviour

Mood

Speech

Thought

Insight

Risk Factors

(not an exhaustive list)

Age

Gender

alcohol or drug use	<input type="checkbox"/>	ongoing suicidal intent	<input type="checkbox"/>	previously violent methods	<input type="checkbox"/>
history of self-harm	<input type="checkbox"/>	access to lethal means	<input type="checkbox"/>	disengaged or non-compliant	<input type="checkbox"/>
lack of social support	<input type="checkbox"/>	family history of suicide	<input type="checkbox"/>	chronic physical illness / pain	<input type="checkbox"/>
unemployed or retired	<input type="checkbox"/>	planning or concealment	<input type="checkbox"/>	current psychiatric treatment	<input type="checkbox"/>
evidence of psychosis	<input type="checkbox"/>	family concern about risk	<input type="checkbox"/>	previous psychiatric treatment	<input type="checkbox"/>

Discharge Advice - Plan for Further Assessment

Summary of problems and advice given

service referred to - Liaison Psychiatry, CPNs, CMHT, SW, Addictions, GP etc

Name/relationship of carers informed.
Consultant/Middle-grade involved in discussion or review

If young people in foster care or residential care are assessed, their social work team should be informed (out-of-hours via stand-by SW) as well as giving information and advice to carers present.

Risk Assessment

High / Moderate / Low

indicate a category of Risk for a further episode of self-harm in the short-term (48hrs) - consider protective as well as precipitating factors

Signature

Name

Designation

Date

Time