

## Royal College of Emergency Medicine and National Poisons Information Service Guideline on Antidote Availability for Emergency Departments (December 2021)

**Please read this together with the Stocking Guidance in Appendix 1 [Ensure you use V3 dated July 2022]**

TOXBASE and/or the BNF should be consulted for further advice on doses and indications for antidote administration and, if necessary, the National Poisons Information Service (NPIS) should be telephoned for more patient-specific advice. Contact details for NPIS are available on [TOXBASE](#).

Additional drugs that are used in the poisoned patient that are widely available in ED are not listed in the table – in particular it is important to ensure that insulin, benzodiazepines (diazepam and/or lorazepam), glyceryl trinitrate or isosorbide dinitrate and magnesium are immediately available in the ED.

To access antidotes and other treatments (countermeasures) held nationally for the management of Major Incidents and/or CBRN Incidents please follow local Trust protocols and national guidance available on [TOXBASE](#).

### CATEGORY A – Immediately Available in ED

**The following drugs should be immediately available in the ED or any area where poisoned patients are initially treated. These drugs should be held in a designated storage facility that is clearly marked for antidote storage only [antidotes requiring refrigeration should be segregated from other medicines in the medication fridge and clearly identified as antidotes].**

Drug	Indication
Acetylcysteine	Paracetamol
Activated charcoal	Many oral poisons
Atropine	Organophosphorus or carbamate insecticides
	Bradycardia
Calcium chloride	Calcium channel blockers
	Systemic effects of hydrofluoric acid
Calcium gluconate	Local infiltration for hydrofluoric acid
Calcium gluconate gel	Hydrofluoric acid
Cyanide antidotes - Hydroxocobalamin (Cyanokit®) - Sodium thiosulfate	Cyanide: the choice of antidote depends on the severity of poisoning, cause of poisoning and source of cyanide – generally sodium thiosulfate is recommended for mild-moderate cyanide poisoning and hydroxocobalamin for moderate-severe cyanide poisoning but clinicians are advised to consult <a href="#">TOXBASE</a> and/or call NPIS for advice on the management of patients with cyanide poisoning
Flumazenil	Reversal of iatrogenic over-sedation with benzodiazepines. Should not be used as a “diagnostic” agent. Use with caution in patients with benzodiazepine poisoning, particularly in mixed drug overdoses; contraindicated in mixed tricyclic antidepressant / benzodiazepine overdoses and in those with a history of epilepsy.
Glucagon	Beta-adrenoreceptor blockers. Other indications e.g. calcium channel blockers, seek NPIS advice
Intralipid 20%	Severe systemic local anaesthetic toxicity. Always seek NPIS advice before giving intralipid for other poisonings.
Methylthionium chloride (methylene blue)	Methaemoglobinaemia
Naloxone	Opioids
Procyclidine injection	Dystonic reactions
Sodium bicarbonate 8.4% and 1.26% or 1.4%	TCAs & class Ia & Ic antiarrhythmic drugs Urinary alkalinisation
ViperaTAb® or Viperafav® *	European adder ( <i>Vipera berus</i> )

\* ViperaTAb/Viperafav do not need to be held in hospitals in Northern Ireland

### CATEGORY B – Available within 1 hour

**The following drugs should be available within 1 hour (i.e. usually<sup>#</sup> within the hospital)**

Drug	Indication
Andexanet alfa	Reversal of anticoagulation from apixaban or rivaroxaban in adults with life-threatening or uncontrolled gastrointestinal bleeding (use according to local and national guidelines – discuss with local haematologists and NPIS).
Cyproheptadine	Serotonin syndrome
Dantrolene	Neuroleptic malignant syndrome (NMS) Other drug-related hyperpyrexia seek NPIS advice
Desferrioxamine	Iron
Digoxin specific antibody fragments (DIGIFab®)	Digoxin and related glycosides
Folinic Acid (either calcium folinate <i>or</i> disodium folinate)	Methotrexate Methanol, formic acid
Fomepizole ( <i>or</i> Ethanol). <b>Fomepizole is the antidote of choice. Ethanol should only be held if fomepizole is not available.</b>	Ethylene glycol, diethylene glycol, methanol
Idarucizumab	Dabigatran etexilate related active, life-threatening bleeding (use according to local and national guidelines – discuss with local haematologists and NPIS)
L-Carnitine (levocarnitine)	Severe sodium valproate toxicity
Mesna ( <i>in hospitals commonly using cyclophosphamide</i> )	Cyclophosphamide
Octreotide	Sulfonylureas
Phytomenadione (Vitamin K1)	Vitamin K dependent anticoagulants
Protamine sulfate	Heparin
Pyridoxine, high dose injection	Isoniazid

<sup>#</sup>Shared arrangements between local hospitals may be appropriate provided the 1h target can be met

### CATEGORY C – Held Supra-Regionally

**These drugs are held in specialist sites for supply in England. Use of these antidotes should always be discussed with [NPIS](#) and/or a Clinical Toxicologist who will be able to provide contact details to arrange the supply of these antidotes.**

Drug	Indication	Source
Prussian Blue (Berlin Blue)	Thallium	Category C Holding Centres**
Botulinum antitoxin	Botulism	<a href="#">Botulinum Antitoxin Holding Centres</a>
Glucarpidase	Methotrexate	<a href="#">Oxford Pharmacy Store</a>
Pralidoxime chloride	Organophosphorus insecticides	<a href="#">Pralidoxime Holding Centres</a>
Sodium calcium edetate	Heavy metals (particularly lead)	Category C Holding Centres**
Succimer (DMSA)	Heavy metals (particularly lead and arsenic)	Category C Holding Centres**
Unithiol (DMPS)	Heavy metals (particularly mercury)	Category C Holding Centres**
Uridine Triacetate	5-Fluorouracil or Capecitabine	<a href="#">WEP Clinical</a>

\*\*The eight **Supra-Regional Category C Antidote Holding Centres** are: Addenbrooke's Hospital, Cambridge; St Thomas' Hospital, London; Derriford Hospital, Plymouth; Salford Royal Hospital, Salford; St James's University Hospital, Leeds; The Royal Victoria Infirmary, Newcastle; The Royal Sussex County Hospital, Brighton; Sandwell General Hospital, West Bromwich.

#### ***It is not considered essential to hold the following drugs***

*Benzatropine mesilate, Dicobalt Edetate, Dimercaprol, Methionine, Penicillamine, Phentolamine, Physostigmine, Sodium Nitrite*

#### **Antivenoms for non-indigenous venomous animals:**

- Public Health England (PHE) holds a stock of exotic antivenoms at a number of hubs across the UK for NHS use in cases of venomous bites from non-indigenous animals.
- In the event of a bite, advice should be sought from NPIS. If antivenom is indicated an order will be placed with Movianto by either a national antivenom expert or NPIS for both in hours and out of hours delivery.
- Any unused antivenom should be stored in the fridge for collection by Movianto UK on behalf of PHE.
- PHE does not supply exotic antivenoms for use by zoos. Those responsible for the operation of establishments of any size where wild animals are kept for exhibition to the public including aquariums, sanctuaries, bird gardens and safari parks must ensure the availability of 'in-date' anti-venom, either at the establishment or local hospital.