

How to manage the transition from trainee to consultant: Small step not a giant leap

Date: Tuesday 1 November 2022

Venue: Octavia House, 54 Ayres Street, London, SE1 1EU

RCEM accredited for CPD

09:30 - 10:00	Registration and refreshments
10:00 - 10:10	Welcome and introduction Miss Susie Hewitt MBE, EM Consultant, University Hospitals of Derby and Burton NHS Foundation Trust
Session 1: Congratulations on your consultant appointment!	
10:10 - 10:25	Reputation is everything Miss Susie Hewitt MBE
10:25 - 10:45	The first year: A survival guide Dr Andrew Tabner, EM Consultant, University Hospitals of Derby and Burton NHS Foundation Trust
10:45 - 11:05	Reflections on the first 5 years and other cautionary tales Dr Graham Johnson, EM Consultant, University Hospitals of Derby and Burton NHS Foundation Trust, Honorary (Consultant) Assistant Professor, University of Nottingham
11:05 - 11:25	Refreshments and networking
Session 2: Practical tips	
11:25 - 11:45	Who's who in your organisation Dr Dan Boden, EM Consultant, United Lincolnshire Hospitals NHS Trust, Emergency Care Intensive Support Team (ECIST) Clinical Associate, NHSI/E Emergency Medicine Regional Advisor for the South East
11:45 - 12:05	Make your job plan work for you Dr Fiona Rae, EM Consultant, Wrexham Maelor Hospital

12:05 - 12:25	How to chair a meeting Miss Diana Hulbert, EM Consultant, University Hospital Southampton NHS Foundation Trust
12:25 - 12:45	NHS acronym bingo Dr Dan Boden
12:45 - 13:00	The gentle art of saying 'no' Miss Susie Hewitt MBE
13:00 - 14:00	Lunch and networking
Session 3: Progressing your career	
14:00 - 14:20	How we set up a research unit from scratch Dr Graham Johnson and Dr Andrew Tabner
14:20 - 14:40	Me? CD? Never! Miss Diana Hulbert
14:40 - 15:00	Working with other agencies Dr Dan Boden
15:00 - 15:20	My portfolio career Dr Fiona Rae
15:20 - 15:40	Refreshments and networking
Session 4: Look after yourself and your team	
15:40 - 16:00	Prioritise your wellbeing Dr Fiona Rae
16:00 - 16:20	Top tips for top teams Miss Diana Hulbert
16:20 - 16:40	Panel Q&A All speakers
16:40 - 16:50	Closing remarks Miss Susie Hewitt MBE
16:50	Close of day