

**The really useful guide to leading and managing your ED:
On being a senior doctor, and leading them**

Date: Thursday 3 November
RCEM accredited for CPD

9:50 - 10:00	Join the virtual platform
10:00 - 10:30	Starting as a consultant or specialist doctor: What it feels like and how to support your colleagues through it Dr Diana Hulbert, EM Consultant, Southampton General Hospital
10:30 - 11:00	The last gasp: what it feels like to be heading towards the end of your career and how to help your colleagues through it Dr Ian Higginson, EM Consultant, Derriford Hospital, Plymouth and Vice President, RCEM and Dr Diana Hulbert
11:00 - 11:30	Refreshment break
11:30 - 12:00	Planning your career: how to set off on a fulfilling professional journey Dr Kat Priddis, PEM Consultant, West Hertfordshire Hospitals NHS Trust
12:00 - 13:00	Job planning: the ins and outs What you can negotiate locally Clinical excellence awards The pension traps explained: What are they and how to avoid them Dr Denise Langhor, EM Consultant, Arrowe Park Hospital, Birkenhead and Dr Vish Sharma, Chair, BMA Pensions Committee
13:00 - 13:45	Lunch
13:20 - 13:40	Optional Q&A session

13:45 - 14:15	How to be a brilliant educational supervisor Dr Jim Crawford, EM Consultant, James Paget Hospital, Norfolk
14:15 - 14:45	The experiences of people trying to work flexibly (for whatever reason) Dr Beth Newstead, EM Consultant, Derriford Hospital, Plymouth and Dr Katherine Potier, EM and PEM Consultant, Manchester University NHS Foundation Trust
14:45 - 15:00	Refreshment break
15:00 - 15:30	How to lead in the context of crowding Dr Adrian Boyle, EM Consultant, Addenbrooke's Hospital and President, RCEM and Dr Ian Higginson
15:30 - 16:00	How to survive: resilience and wellbeing and all that in the real world Dr Beth Newstead
16:00	Close of day