## RCEM recommendations for maintenance of competency in PHEM after completion of subspecialty training

EM trainees who have completed PHEM sub-specialty training should be released to undertake PHEM shifts in order to maintain competency and currency before CCT. This should not detract from their EM training and trainees should meet with their Educational Supervisor to ensure a safe working pattern and local service provision.

The TSC recommends that 1-2 PHEM shifts are allocated per month (or pro rata for LTFT) from the ED clinical time. Some flexibility will be required as to how these shifts are spread over the year, recognising that the majority of PHEM shifts are 12 hours long and may not be offered on fixed days. In addition, educational development time (EDT) hours can be used to attend PHEM educational opportunities.

Military trainees who have completed PHEM sub-specialty training should have the same provision of PHEM shifts from their ED clinical time.

PHEM shifts provide excellent opportunity to develop in a range of core emergency medicine skills. Trainees can evidence any relevant competencies in the RCEM curriculum during their PHEM sub-specialty training year or during their PHEM shifts.

## PHEM-PAG, October 2023