



## Discharge advice for patients attending with bleeding or pain in early pregnancy

You have attended the Emergency Department (A&E) today with a problem in early pregnancy such as bleeding or abdominal pain. Bleeding during pregnancy does not necessarily mean you are having a miscarriage; it is common to have some light vaginal bleeding sometime in the first 12 weeks of pregnancy. This is called threatened miscarriage. Most women go on to have a healthy pregnancy but some women do subsequently have a miscarriage.

Having been assessed it has been determined that you should attend the Early Pregnancy Service (EPS) for further assessment. This usually involves being seen by a midwife and having an ultrasound scan. The scan may be performed either by placing the probe in your front passage or on your abdomen – depending upon how many weeks pregnant you are.

### What should I look out for?

If you...

- **Develop very severe abdominal pain (that may be only on one side).**
- **Develop shoulder pain.**
- **Are bleeding much more heavily than previously.**
- **Suffer any fainting or collapse episodes**

**You should make your way to the Emergency Department if you are able or alternatively call for an ambulance.**

**You should attend the  
Early Pregnancy Service (EPS) on:**

<b>DAY</b>	<b>MONTH</b>	<b>TIME</b>
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For details of your EPS service insert local arrangement details and contact numbers here.