

Emergency hypnosis in the ED

Date: Thursday 4 July

Venue: RCEM Octavia House

RCEM accredited for 6-CPD points

09:00 - 09:25	Registration and refreshments
09:25 - 09:45	Introduction Dr Charlotte Davies, EM Consultant and Foundation TPD, Queen Elizabeth Hospital
09:45 - 11:00	Pre-hospital hypnosis and nocebo Dr Andy Newton, Past Chair, College of Paramedics
11:00 - 11:30	Refreshments and networking
11:30 - 12:30	Imagery and suggestion Dr Charlotte Davies
12:30 - 13:30	Lunch
13:30 - 14:00	Techniques for acute pain management and anxiety Dr Kate Berry, Consultant Anaesthetist, Hampshire Hospitals NHS Foundation Trust
14:00 - 14:30	Informal techniques including needle phobia techniques Dr Charlotte Davies
14:30 - 15:00	Techniques for Functional Neurological Disorder (FND) Dr Charlotte Davies
15:00 - 15:15	Refreshments and networking
15:15 - 15:30	Hypnosis demonstration Dr Kate Berry
15:30 - 16:30	Respiratory induced relaxation The delegates will be split into small groups lead by Dr Andy Newton, Dr Charlotte Davies and Dr Kate Berry
16:30 - 17:00	What next and questions Dr Charlotte Davies
17:00	Close of day

Programme timings and content subject to change.