

How to manage the transition from trainee to consultant: Small step not a giant leap

Date: Wednesday 23 October

RCEM accredited for 5 CPD points

09:30 - 10:00	Join the virtual meeting space
10:00 - 10:10	Welcome and introduction Miss Susie Hewitt, University Hospitals of Derby and Burton NHS Foundation Trust
Session 1: Congratulations on your consultant appointment!	
10:10 - 10:25	Reputation is everything Miss Susie Hewitt
10:25 - 10:45	The first year: A survival guide Dr Gemma Morris, EM Consultant, University Hospital Southampton
10:45 - 11:05	Reflections on the first 10 years and other cautionary tales Dr Graham Johnson, EM and Paediatric Consultant
11:05 - 11:25	Refreshment break
Session 2: Practical tips	
11:25 - 11:45	Who's who in your organisation (and how hospitals work) Mr Stephen Bush, Leeds Teaching Hospitals NHS Trust
11:45 - 12:05	Make your job plan work for you Dr Fiona Rae, Wrexham Maelor Hospital
12:05 - 12:25	How to chair a meeting Miss Diana Hulbert, University Hospital Southampton NHS Foundation Trust
12:25 - 12:45	Who's who is the outside world (interaction with other agencies) Mr Stephen Bush
12:45 - 13:00	The gentle art of saying 'no' Miss Susie Hewitt
13:00 - 14:00	Lunch
Session 3: Progressing your career	
14:00 - 14:20	How we set up a research unit from scratch Dr Graham Johnson
14:20 - 14:40	Me? CD? Never! Miss Diana Hulbert
14:40 - 15:00	My portfolio career Dr Fiona Rae
15:00 - 15:20	Refreshment break
Session 4: Look after yourself and your team	
15:20 - 15:40	Prioritise your wellbeing Dr Fiona Rae
15:40 - 16:00	Top tips for top teams Miss Diana Hulbert
16:00 - 16:20	Panel Q&A All speakers
16:20 - 16:30	Closing remarks Miss Susie Hewitt MBE
16:30	Close of day