



How to manage the transition from trainee to consultant: Small step not a giant leap

Date: Tuesday 30 September RCEM accredited for 5 CPD points

09:30 - 10:00	Join the virtual meeting space
10:00 - 10:10	Welcome and introduction Miss Susie Hewitt, University Hospitals of Derby and Burton NHS Foundation Trust
Session 1: Congratulations on your consultant appointment!	
10:10 - 10:25	Reputation is everything Miss Susie Hewitt
10:25 - 10:45	The first year: A survival guide Speaker TBC
10:45 - 11:05	Reflections on the first 10 years and other cautionary tales Speaker TBC
11:05 - 11:25	Refreshment break
Session 2: Practical tips	
11:25 - 11:45	Who's who in your organisation (and how hospitals work) Speaker TBC
11:45 - 12:05	Make your job plan work for you Speaker TBC
12:05 - 12:25	How to chair a meeting Speaker TBC
12:25 - 12:45	Who's who is the outside world (interaction with other agencies) Speaker TBC
12:45 - 13:00	The gentle art of saying 'no' Miss Susie Hewitt
13:00 - 14:00	Lunch
Session 3: Progressing your career	
14:00 - 14:20	How we set up a research unit from scratch Speaker TBC
14:20 - 14:40	Me? CD? Never! Speaker TBC
14:40 - 15:00	My portfolio career Speaker TBC
15:00 - 15:20	Refreshment break
Session 4: Look after yourself and your team	
15:20 - 15:40	Prioritise your wellbeing Speaker TBC
15:40 - 16:00	Top tips for top teams Speaker TBC
16:00 - 16:20	Panel Q&A All speakers
16:20 - 16:30	Closing remarks Miss Susie Hewitt
16:30	Close of day