

## Quick wins in PEM

Date: Friday 7 November 2025

RCEM accredited for 5-CPD points

<b>9:00 - 9:15</b>	<b>Join the virtual meeting space</b>
<b>9:15 - 9:30</b>	<b>Welcome and introduction</b> Dr Charlotte Clements, North Middlesex Hospital and Dr Neha Jain, Royal Free London NHS Foundation Trust
<b>Improving flow</b>	
<b>9:30 - 9:45</b>	<b>Eyeballing before triage</b> Dr Bimal Mehta, Alder Hey Children's Hospital, Liverpool
<b>9:45 - 10:00</b>	<b>Fever be gone: Direct discharge from triage</b> Mr Nathan Griffiths, Northern Care Alliance NHS Trust
<b>10:00 - 10:15</b>	<b>Criteria led discharges from Paediatric Assessment Units</b> Ms Lucinda Morse, University Hospitals Bristol and Weston NHS Foundation Trust
<b>10:15 - 10:40</b>	<b>Panel Q&amp;A</b>
<b>10:40 - 11:10</b>	<b>Small group discussions</b>
<b>11:10 - 11:30</b>	<b>Break</b>
<b>Prevention and preparation</b>	
<b>11:30 - 11:50</b>	<b>Reducing paediatric emergency department frequent attendances</b> Dr Fiona Mendes and Ms Tricia May-Parrott, Whipps Cross University Hospital, Barts Health NHS Trust, London
<b>11:50 - 12:00</b>	<b>Distributing healthy start vitamins in the ED</b> Dr Christopher Bird, Birmingham Children's Hospital
<b>12:00 - 12:20</b>	<b>Right Support, Right Time: Family support Workers in ED Model</b> Ms Amie Dobinson, Barnardo's and Dr Amina Al-Yassin, Barnardo's Specialist GP, The Lonsdale Medical Centre and Brent Clinical Lead for Children's Services
<b>12:20 - 12:40</b>	<b>Panel Q&amp;A</b>
<b>12:40 - 13:20</b>	<b>Lunch</b>
<b>Panel discussion: "Here we go again...." - How do we prepare for the next outbreak?</b>	
<b>13:15 - 14:30</b>	<b>This panel discussion aims to explore the common themes that we all need to do for the next infectious outbreak, without having to rethink the wheel. Panellists include:</b>  Professor Damian Roland, Children's Emergency Department, Leicester Hospitals and University of Leicester Dr Charlotte Clements, North Middlesex Hospital Dr Elizabeth Whittaker, Imperial College Healthcare NHS Trust Dr Colin Brown, UK Health Security Agency
<b>14:30 - 14:50</b>	<b>Break</b>

Mental health patients and what's in our power	
14:30 - 14:50	<b>What to do when things escalate - Code 10</b> Dr Jacqui Butler, King's College Hospital, London
14:50 - 15:10	<b>Training staff the CYP-APEX way: A structured approach to managing psychiatric and psychosocial emergencies in children and young people</b> Dr Sarah Davies, St Mary's Hospital, Imperial College Healthcare NHS Trust, London
15:10 - 15:30	<b>TBC</b>
15:30 - 15:50	<b>Panel Q&amp;A</b>
15:45 - 16:00	<b>Summary and closing remarks</b>
<b>16:00</b>	<b>Close of day</b>