



The forgotten tribe: Adolescents in the ED

Available until 22 July 2026 RCEM accredited for 7-CPD points

Session 1	
30 minutes	Why adolescent emergency medicine matters Dr Michelle "Shelley" Jacobs, London North West University Healthcare NHS Trust Dr David James, University Hospital Southampton Dr Ian 'Higgi' Higginson, RCEM President, University Hospitals Plymouth NHS Trust Professor Steve Turner, President, RCPCH
40 minutes	The SADS facts of life (or death) Dr Harshil Dhutia, Glenfield Hospital
40 minutes	Keeping young people safe in the modern world Dr David James
30 minutes	HEADSSS QIP Dr Maital Shafiq
Session 2	
40 minutes	The ABC of self harm in young people, a psychiatric approach to resuscitation Dr Esther Sabel, CAMHS Crisis Team
15 minutes	Creating resources to guide and connect people to local services Dr Marie Helesden
15 minutes	Management of 16/17 year olds Dr Katie Meimeti, University Hospitals of Leicester NHS Trust Dr Habab Mekki, University Hospitals of Leicester NHS Trust
25 minutes	Adolescent Mental Health QIP Dr Jessica Green, Royal Derby Hospital
Session 3	
40 minutes	Managing medically unexplained physical symptoms in ED Dr Najette Ayadi-O'Donnell, University College London Hospital NHS Trust Dr Joseph Antony, University College London Hospitals NHS Foundation Trust
40 minutes	Adolescent sexual health in the ED Dr Alison Barbour, Croydon University Hospital
Session 4	
40 minutes	An introduction to managing eating disorders in the ED Dr Shereen Haffejee, Consultant, Surrey and Borders Partnership NHS Foundation Trust
40 minutes	What to do when Case studies in capacity and consent Dr Michelle Jacobs Dr Ashley Reece, West Hertfordshire Hospitals NHS Trust
20 minutes	Summary and discussion - How can we all improve the care of young people in our EDs Dr Michelle Jacobs Dr David James