

Ultrasound guided nerve blocks in the ED

Date: Tuesday 24 March 2026

RCEM accredited for 6-CPD points

8:30 - 9:00	Registration and breakfast
9:00 - 11:05	Welcome and introduction Dr Isabel Mansilla and Dr Emma Divinney, Luton and Dunstable Hospital
	Basics of sonography and needling Dr Manuj Bansal, Guys and St Thomas's NHS Foundation Trust
	Local anaesthetic toxicity Dr Nalayini Jejavel, Luton and Dunstable Hospital
	Suprascapular nerve block Dr Hytham Mohammed, Bedfordshire Hospitals NHS Trust
	Erector spinae plane and serratus anterior plane blocks Dr Marwan Nassar, Addenbrooke's Hospital, Cambridge and Dr Adrian Pradere, Bedfordshire Hospitals NHS Trust
	Fascia illiaca and femoral nerve blocks Dr Alicja Zabiłna, Addenbrooke's Hospital, Cambridge and Dr Daniel Murrell, Luton and Dunstable Hospital
11:05 - 11:15	Refreshment break
Delegates will split into small groups and rotate through the five stations in each of the practical workshops, led by the speakers and faculty: Dr Sherif Elsayed, Addenbrooke's Hospital, Cambridge Dr Nazia Ijaz, Luton and Dunstable Hospital Dr Iwona Malkiewicz, Bedfordshire Hospitals NHS Trust Dr David McCretton, Bedfordshire Hospitals NHS Trust Dr Muhammad Shoaib Umar, West Hertfordshire Teaching Hospitals NHS Trust Dr Sigismund Wilkey, Lister Hospital, East and North Hertfordshire NHS Trust	
11:15 - 12:15	Practical workshop 1
12:15 - 13:00	Lunch
13:00 - 14:00	Practical workshop 2
14:00 - 15:00	Practical workshop 3
15:00 - 15:10	Refreshment break
15:10 - 16:10	Practical workshop 4
16:10 - 17:10	Practical workshop 5
	Closing remarks
17:10	Close of day