

EMTA Conference 2026

Date: Wednesday 25 and Thursday 26 February

Venue: Hilton York Hotel

RCEM accredited for 7 CPD points per day



EMERGENCY MEDICINE TRAINEES' ASSOCIATION

08:00 - 08:45	Registration and refreshments
08:45 - 09:00	Introduction and welcome EMTA team
Session 1	
09:00 - 10:00	Mental health Eds Dr Deon Louw, Oxford University Hospitals NHS Foundation Trust
10:00 - 10:30	Non-fatal strangulation: Management and guidelines Dr Jennifer Russell, Leeds Teaching Hospitals NHS Trust
10:30 - 11:00	Refreshments, exhibition and posters
Session 2	
11:00 - 11:30	Knife crime Dr Helen Mollard, Leeds Teaching Hospitals NHS Trust
11:30 - 12:00	Social media TBC
12:00 - 12:30	Heat failure TBC
12:30 - 13:00	Talk from the Chief Executive of NHS England Sir James Mackey, NHS England
13:00 - 14:00	Lunch, exhibition and posters
Session 3	
14:00 - 14:45	Palliative care Dr Lauri Simkiss, North Tees and Hartlepool NHS Foundation Trust and Dr Heena Khiroya, Guy's and St Thomas' NHS Foundation Trust
14:45 - 15:30	Aesthetics Dr Steve Land, novellus aesthetics
15:30 - 15:45	Refreshments, exhibition and posters
Session 4: Update, survey and President's address	
15:45 - 16:05	EMTA survey EMTA team
16:05 - 16:30	EMTA Chair update Dr Rob Hirst, University Hospitals Bristol and Weston NHS Foundation Trust

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16:30 - 16:45	EMTA survey Dr Kiran Ravichandran, Royal Blackburn Hospital
16:45 - 17:15	Keynote from RCEM President Dr Ian 'Higgi' Higginson, RCEM President, University Hospitals Plymouth NHS Trust
17:15	Close of day

17:15 - 18:00	Drink reception
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Programme timings and content subject to change.

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08:30 - 09:00	Registration
09:00 - 09:15	Welcome back EMTA team
Session 5	
09:15 - 09:45	TBC TBC
09:45 - 10:15	Sports medicine TBC
10:15 - 10:30	Assessment of vision and diplopia in an A&E setting Mrs Gilian Lowdon, Newcastle Eye Centre
10:30 - 10:45	Ophthalmology Dr William Hodgkinson, Newcastle upon Tyne Hospitals NHS Foundation Trust
10:45 - 11:00	Q&A Mrs Gilian Lowdon and Dr William Hodgkinson
11:00 - 11:30	Refreshments, exhibition and posters
Session 6	
11:30 - 12:00	Toxicology - National poisons and Toxbase Dr Stephen Wiltshire, Newcastle upon Tyne Hospitals NHS Foundation Trust
12:00 - 13:30	Successful abstracts oral presentations 9 oral presentations (6 minutes of presentation and 2 minutes of Q&A)
13:30 - 14:30	Lunch, exhibition and posters
Session 7	
14:30 - 15:00	Lasting power of attorney Mr Ben Troke, Weightmans
15:00 - 15:45	Dive medicine Dr Aaron Gao, Queen Elizabeth Hospital, Gateshead
15:45 - 16:10	Refreshments, exhibition and posters
Session 8	
16:10 - 16:45	RCEM exams and training update Mr Matt Hunt and Mr Lee Sullivan, RCEM
16:45 - 17:00	Thanks, prizes and closing thoughts EMTA team
17:00	Close of day