

Procedural sedation in the PED

Date: Thursday 12 February 2026

RCEM accredited for 6-CPD points

8:30 - 9:00	Registration and refreshments
9:00 - 9:10	Orientation and aims Dr Nadia Shad, Guy's and St Thomas' NHS Foundation Trust and Dr Charles Stewart, Chelsea and Westminster Hospital NHS Foundation trust
9:10 - 09:35	Setting up a sedation service in the department Dr Charles Stewart
9:35 - 10:00	Sedation agents Dr Nadia Shad
10:00 - 10:30	Refreshments and networking
10:30 - 11:00	Identifying and consenting patients for sedation Dr Jessica Brittain-George, Barts Health NHS Trust
11:00 - 11:30	Managing complications Dr Nadia Shad
11:30 - 12:00	A walk through a sedation Dr Jessica Brittain-George
12:00 - 12:30	TBC
12:30 - 13:15	Lunch
13:15 - 14:45	<p>Sim scenarios</p> <p>Delegates will rotate through different scenarios in small groups, led by the faculty:</p> <p>Dr Joshua Baker, University Hospitals Plymouth NHS Trust Dr Natalie Clarke, Royal Free London NHS Foundation Trust Dr Rachel Furness, Bedfordshire Hospitals NHS Foundation Trust Dr Ian Gibbons, London North West University Healthcare NHS Trust Mr Jordan Mooney, Guy's and St Thomas' NHS Foundation Trust Dr Hassan Nassar, Mid and South Essex NHS Dr Jai-Hin Patel, London North West University Healthcare NHS Trust Miss Leila Saadi, Chelsea and Westminster Hospital NHS Foundation trust Dr Afshan Safdar, Barts Health NHS Trust Dr Oliver Totham, North West Anglia NHS Foundation Trust</p>
14:45 - 15:00	Refreshments and networking
15:00 - 16:00	Sim scenarios
16:00 - 16:15	Closing remarks Dr Nadia Shad and Dr Charles Stewart
16:15	Close of day