

“Not dead yet”: The older emergency clinician

Date: Wednesday 14 October

RCEM accredited for 5-CPD points

09:00 - 09:30	Registration and refreshments
09:30 - 09:45	Welcome and housekeeping Dr Ian ‘Higgi’ Higginson, RCEM President, University Hospitals Plymouth NHS Trust and Dr Michael Aisbitt, Mersey and West Lancashire NHS Trust
09:45 - 10:15	Basic facts about ageing and relevant legal considerations Dr Helena Nixon, Faculty of Occupational Medicine (FOM)
Session 1	How to survive and thrive in your later career, and what about night working?
10:15 - 10:40	Planning for the Octogenarian Olympics Dr Beth Newstead, University Hospitals Plymouth NHS Trust
10:40 - 10:55	Loo break and grab a coffee
10:55 - 11:20	Planning with Purpose Dr Lois Brand, School of Medicine and Biological Sciences, University of Oxford
11:20 - 12:00	The science and practicalities of shift working for the older emergency clinician Dr David Flower, Faculty of Occupational Medicine of the Royal College of Physicians and Dr Ian ‘Higgi’ Higginson
12:00 - 12:45	Loo break and lunch
12:45 - 13:45	Knowing when to stop, and retirement planning Dr John Heyworth, University Hospital Southampton NHS Foundation Trust and Ms Ella Patel, Fidelius
Session 2	Quick fire topics
13:45 - 14:00	IMGs and first generation immigrants Dr Nida Suri, Watford General Hospital
14:00 - 14:15	Loo break and grab a coffee
14:15 - 14:45	Gender specific issues and the menopause Dr Diana Hulbert, Southampton General Hospital and Dr Elinor Medd, University Hospitals Plymouth NHS Trust
14:45 - 15:00	SAS doctors and ACPs Dr Jocelyn Brittliff, Glasgow Royal Infirmary
15:00 - 15:15	Generational diversity Dr Matthew Alexander Boissaud-Cooke, University Hospitals Plymouth NHS Trust
Session 3	Workshops
15:15 - 15:45	Workshop: Lived and shared experience Dr John Heyworth, Dr Diana Hulbert and Dr Michael Aisbitt
15:45 - 15:50	Closing remarks Dr Ian ‘Higgi’ Higginson and Dr Michael Aisbitt
15:50	Close of event