



**RCEM**  
Royal College  
of Emergency  
Medicine

**EMSAS**  
Emergency Medicine  
Specialty and  
Specialist Doctors



## EMSAS onference 2026

Date: 11 - 12 November 2026

Venue: Bristol Grand Hotel by Sunday, Broad Street, Bristol BS1 2EL

RCEM accredited for 10-CPD points

| Day 1 - Wednesday 11 November |                                                                                                                    |
|-------------------------------|--------------------------------------------------------------------------------------------------------------------|
| 9:30 - 10:00                  | Registration, posters, exhibition and refreshments                                                                 |
| Welcome and keynotes          |                                                                                                                    |
| 10:00 - 10:05                 | <b>Housekeeping</b><br>Dr Gareth Clark, Great Western Hospital, Swindon and Dr Lara Menon, North Bristol NHS Trust |
| 10:05 - 10:35                 | <b>SAS wellness</b><br>Dr Natalie Whitton                                                                          |
| 10:35 - 11:05                 | <b>Polar medicine</b><br>Dr Ian Davis                                                                              |
| 11:05 - 11:15                 | <b>Panel Q&amp;A</b>                                                                                               |
| 11:15 - 11:30                 | Refreshments, posters and exhibition                                                                               |
| Wilderness and wellness       |                                                                                                                    |
| 11:30 - 11:50                 | <b>The journey is the career</b><br>Dr Benjamin Alba, Ubuntu Network                                               |
| 11:50 - 12:10                 | <b>Search and rescue</b><br>Dr Karthi Suresh                                                                       |
| 12:10 - 12:30                 | <b>RCEM Overseas ED</b>                                                                                            |
| 12:30 - 12:45                 | <b>Panel Q&amp;A</b>                                                                                               |
| 12:45 - 13:45                 | Lunch, posters and exhibition                                                                                      |
| Simulation                    |                                                                                                                    |
| 13:45 - 14:30                 | <b>Interactive simulation session</b>                                                                              |
| 14:30 - 14:45                 | <b>Sim debrief</b>                                                                                                 |
| 14:45 - 15:15                 | Refreshments, posters and exhibition                                                                               |
| Andrew Newton Cup             |                                                                                                                    |
| 15:15 - 16:15                 | <b>Andrew Newton Cup presentations</b>                                                                             |
| 16:15 - 17:00                 | <b>President's address</b><br>Dr Ian Higginson, University Hospitals Plymouth and RCEM                             |
| 17:00 - 17:05                 | <b>Announcement of Andrew Newton Cup winner</b>                                                                    |
| 17:05 - 17:10                 | <b>Summary and closing remarks</b>                                                                                 |
| 17:10                         | Close of Day 1                                                                                                     |



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## Day 2 - Thursday 12 November

**09:30 – 10:00** Registration, posters, exhibition and refreshments

### College updates

10:00 - 10:20 **EMSAS updates**  
Dr Jocelyn Brittliff, Glasgow Royal Infirmary and EMSAS

10:20 - 10:40 **President's address**  
Dr Ian Higginson

10:40 - 11:00 **CESR updates**  
Dr Mehdi Teeli, University Teaching Hospitals of East Lancashire NHS Trust.

11:00 - 11:15 **Panel Q&A**

**11:15 - 11:45** Refreshments, posters and exhibition

### Stroke

11:45 - 12:05 **You need to BEFAST in stroke**  
Dr Yogesh Siddalingaiah, Great Western Hospital, Swindon

12:05- 12:25 **Tertiary response from receiving to thrombectomy**

12:25-12:35 **Panel Q&A**

12:35- 12:55 **Rehabilitation in the acute trust**

12:55-13:15 **Rehabilitation in the community**

13:15 - 13:25 **Panel Q&A**

**13:25 - 14:25** Lunch, posters, exhibition and networking

### Diversify your career

14:25 -14:45 **Autism and learning disability training**  
Dr Lisa Daniel

14:45 - 15:05 **A journey to becoming a Specialist in Emergency Medicine!**  
Dr Sian Thomas, Great Western Hospital, Swindon

15:05 - 15:25 **TBC**

15:25 - 15:45 **Education and medical exams**  
Dr Lara Menon

15:45 - 16:05 **Panel Q&A**

16:05 - 16:15 **Summary and closing remarks**

**16:15** Close of conference